## Rules and Regulations for Open Water Swimming in the Gouille à Vaudan

#### Verbier Triathlon Club

The Verbier Triathlon Club offers its members the opportunity to practice open water swimming in the Gouille à Vaudan during weekdays (Monday to Friday) under the following conditions:

# Membership & Eligibility

- Participants must be members of the Verbier Triathlon Club or its Open Water Swimming section. Please be aware this is a self renewal membership.
- Participants must be adults.
- Members have the obligation to help a half day cleaning around the water or helping with an open water event. If this is not fulfilled, we ask you kindly to contribute 35chf

## **Water Quality & Testing**

- Swimming is prohibited if water quality tests indicate any health risk.
- The club requests two water quality tests per year from the canton: one at the beginning of the season (May–June) and one in August.
- Test results will be communicated to members through www.123cross.com.

## **Swimming Schedule**

- Swimming is permitted on weekdays only.
- Weekends and public holidays are reserved for the Vernays Fishing Club.

### **Safety Guidelines**

- Swimming sessions are unsupervised.
- Members are strongly advised never to swim alone, to remain close to the shore, and to use a safety buoy.
- Depending on availability, the club may use SUP boards or kayaks for additional support, but these remain optional and are not guaranteed.

#### **Trial Sessions**

• The club welcomes potential new members and offers trial sessions, including an open water swimming skills assessment.

## **Insurance & Liability**

- Each participant must have accident insurance and civil liability insurance.
- The club declines all responsibility for accidents or theft occurring during swimming sessions or on the Vaudan site before or after swimming (due to construction machinery, sand piles, etc.).

• The club explicitly declines responsibility for any member swimming **outside** authorized or supervised training hours.

#### **Coexistence with Fishers**

• By law, fishers may not cast a line toward swimmers, and swimmers must avoid entering fishing areas or lines.

### **Access Rules**

- Access to the Gouille à Vaudan is permitted **only via the municipal road behind the water area** (pump-track side).
- Crossing the gravel pit or the front bridge is strictly prohibited during the week.
- Authorized swimming hours (as agreed with the Vernays Fishing Club) are:

May-October (weekdays only, excluding public holidays): 06:00–10:00, 12:00–13:00, 18:00–20:00 (See details on <a href="https://www.123cross.com">www.123cross.com</a>)

# **Restrictions During Working Hours**

• During construction working hours (weekdays from **07:00 to 18:00**), Vaudan prohibits access to any land around the water closer than 1 meter from the shoreline, except on the forest side, where no machinery is operating.

### **Other Rules**

- Dogs are not allowed on the private property of the Vaudan company.
- Events outside the authorized hours may be organized by mutual agreement (e.g., the Verbier Triathlon).